

# Debbie Anderson, Clinical Neuropsychologist

## What to bring to your assessment

### Paperwork:

- If you received questionnaires before your appointment, complete them and bring them with you (or preferably send / fax / email it to us prior to the appointment).
- Please bring along any previous psychological or neuropsychological assessment reports that you have.
- If you are studying, bring current academic records
- Bring any medical records you have that relate to your current injury or illness

### Other Things:

- Try to get a good night's sleep the night before
- If you usually wear hearing aids or glasses, bring them with you
- Take your medication(s) as you normally do, unless your doctor has told you otherwise
- Ideally, bring along a caregiver, close family member, or friend. Often they can provide helpful information to better understand your situation (they will only be needed for a short interview) and then they may leave.

### Getting to the Appointment

- Allow plenty of time to get to your appointment. Give yourself time for travel, to find the location, to find parking etc. (see below for help with this)
- Bring the address in case you get lost (Suite 24, Silverton Place, 101 Wickham Tce, Brisbane)
- Silverton is opposite Central Station, just come to Level 1, turn left and we are the first suite on your left
- If you get delayed or lost, please call us on 3832 3591

### On the day

- The appointment will take several hours, and can take the whole day (ie up to eight hours)
- We will take breaks along the way, but feel free to ask if you need one before it is offered
- We will ask you to turn your phone off during the sessions, but you are welcome to check it during the breaks.
- However, to allow you to work without distraction, we cannot allow anybody else to be in the assessment with you, and this includes children. Your family and friends are welcome to wait and see you in the breaks, they just can't stay for the assessment.

### Travel:

- We recommend travelling by train if possible, as we are located opposite Central Station in Brisbane
- There is limited parking around the area (with very little for high vehicles) and it can be quite expensive.
- Since your appointment is likely to be several hours long, it is disruptive if you have to attend to a parking meter.

Some nearby parking stations are:

<https://www.brisbane.qld.gov.au/traffic-transport/parking-permits/car-parks/wickham-terrace-car-park>

<https://www.secureparking.com.au/car-parks/australia/qld/brisbane/Spring%20Hill/67-astor-terrace>

[https://www.wilsonparking.com.au/park/4068\\_Watkins-Medical-Centre-Car-Park\\_225-Wickham-TerraceSpring-Hill](https://www.wilsonparking.com.au/park/4068_Watkins-Medical-Centre-Car-Park_225-Wickham-TerraceSpring-Hill)